

# Learning Health and Physical Education: What you will see in the classroom

Fitness activities daily.

Participation in annual sports with other schools - athletics, cross country, winter sports

Participation in other EOTC events - swimming, camps (local and wider community), hall for gymnastics, table tennis

Student motor skills and confidence being developed.

Everyone being included.

A supportive learning environment being created.

Shared learning being facilitated.

Students making connections with prior learning.

Physical activity lessons being scheduled throughout the week.

Students involved in active movement and participation

Safety procedures being understood and followed.

Students demonstrating empathy and respect towards each other.

Students developing games and skills both collaboratively and individually

The correct resources and equipment being used to promote physical activity and good health

Use of outside experts and agencies – sport activator, police, firemen, public health nurse